

Idaho Kenpo Karate

TO DO LIST FOR: _____

DAY AND MONTH: _____ YEAR: _____

	MON	TUE	WED	THUR	FRI	SAT
CLEAN ROOM						
Make my bed						
Put my personal things away						
SELF CARE						
Brush teeth						
Take a bath / shower						
Put dirty clothes in laundry						
SCHOLASTIC						
Complete school assignments						
Be a good school citizen						
FAMILY						
Complete assigned chores						
SELF DEVELOPMENT						
Practice Kenpo 15 minutes						
Attended group classes weekly						

Turn your completed list in every week with a signature of a parent.

Lead by Example, Follow by Choice!